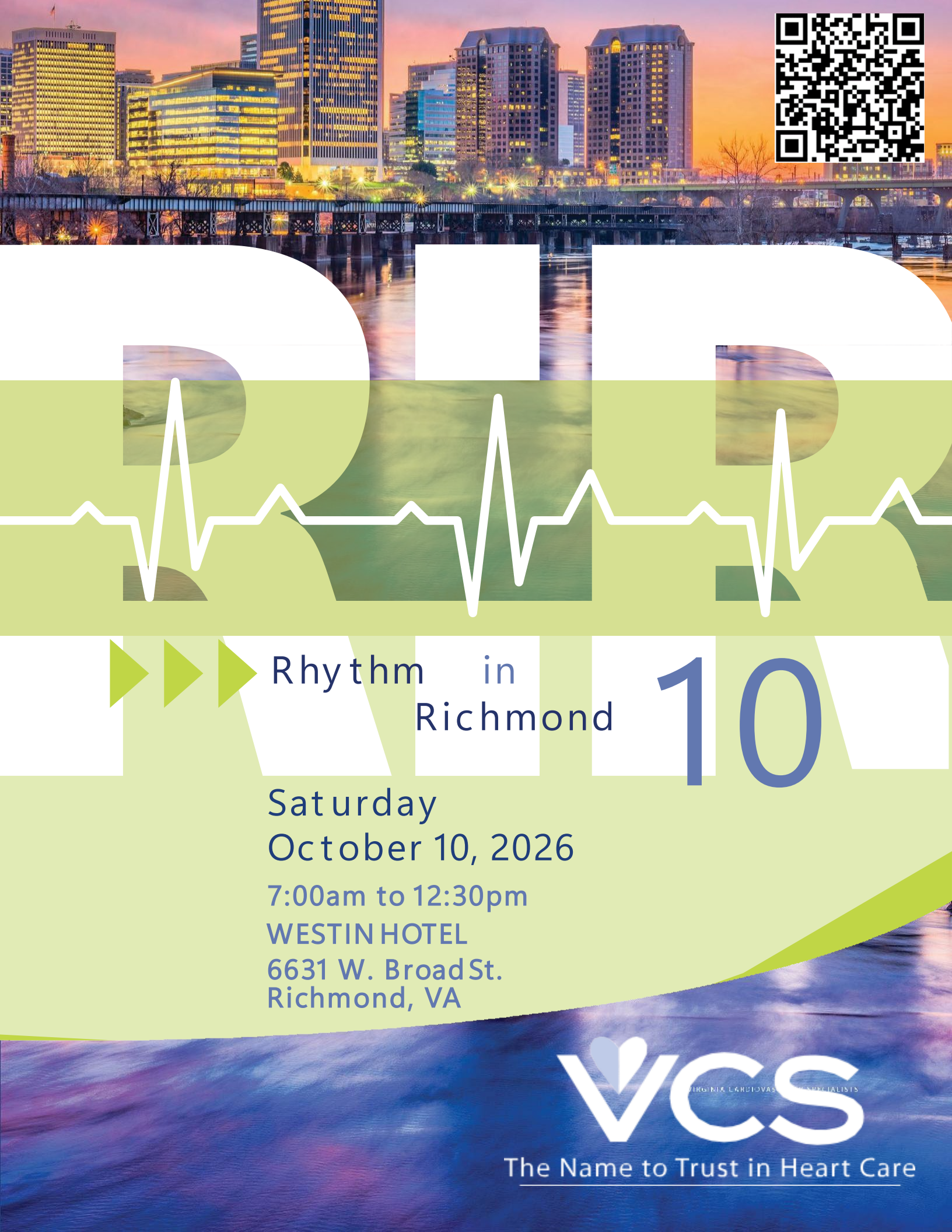




# Rhythm in Richmond

# 10

Saturday  
October 10, 2026

7:00am to 12:30pm

WESTIN HOTEL

6631 W. Broad St.  
Richmond, VA



The Name to Trust in Heart Care

# PROGRAM OVERVIEW

Virginia Cardiovascular Specialists invites you to attend Rhythm in Richmond, our biennial program designed to provide physicians and APPs with the most current information on cardiac arrhythmias. This year's program will focus on key areas such as managing syncope and palpitations; ECG interpretation; a review of cardiac rhythm devices, monitors, and wearables; and atrial fibrillation management, including ablation and anticoagulation. There will also be presentations on sleep apnea management and GLP-1 therapy and the potential cardiovascular impact.

## TARGETED AUDIENCE:

Physicians  
Nurse Practitioners  
Nurses  
Other Healthcare  
Providers

## DESIRED OUTCOMES

At the end of the educational activity, learners will be able to:

- Differentiate cardiac and non-cardiac causes of syncope and palpitations and apply appropriate diagnostic strategies.
- Apply a systematic approach to ECG interpretation to identify common and high-risk arrhythmias
- Select appropriate cardiac rhythm monitoring tools based on patient symptoms, risk factors, and clinical context.
- Describe indications, functions, and recent innovations in cardiac rhythm devices.
- Apply evidence-based strategies for atrial fibrillation management, including anticoagulation, rhythm control, and referral for ablation
- Recognize and manage sleep apnea as a contributor to cardiovascular disease
- Evaluate the cardiovascular benefits and implications of GLP-1 receptor agonist therapy.
- Collaborate effectively across specialties to improve patient outcomes in arrhythmia and cardiovascular care.

# AGENDA

| Time        | Session                                             | Speaker              |
|-------------|-----------------------------------------------------|----------------------|
| 7:00-7:30   | REGISTRATION & BREAKFAST(provided)/VISIT EXHIBITORS |                      |
| 7:30-8:00   | WELCOME & INTRODUCTION                              | Dr. David Gilligan   |
| 8:00-9:20   | <b>SESSION ONE</b>                                  |                      |
|             | 8:00-8:20: Syncope & Palpitations                   | Dr. Sojin Wass       |
|             | 8:20-8:40: ECG Interpretation                       | Dr. Binaya Basyal    |
|             | 8:40-9:00: Arrhythmia Monitoring & Wearables        | Dr. Daniel Schneider |
| 9:20-9:40   | <b>BREAK/VISIT EXHIBITORS</b>                       |                      |
| 9:40-10:40  | <b>SESSION TWO</b>                                  |                      |
|             | 9:40-10:00: Sleep Apnea                             | Dr. Michael Polsky   |
|             | 10:00-10:20: ECG Interpretation                     | TBD                  |
|             | 10:20-10:40: Session 2 Panel Discussion             |                      |
| 10:40-11:00 | <b>BREAK/VISIT EXHIBITORS</b>                       |                      |
| 11:00-12:20 | <b>SESSION 3</b>                                    |                      |
|             | 11:00-11:20: Devices 101                            | Dr. Vivak Master     |
|             | 11:20-11:40: Atrial Fibrillation                    | Dr. Michael Rehorn   |
|             | 11:40-12:00: Anticoagulation                        | Dr. Harsimran Saini  |
|             | 12:00-12:20: Session 3 Panel Discussion             |                      |
| 12:20-12:30 | Closing                                             | Dr. David Gilligan   |

## REGISTRATION

**\$50 Registration: All provider types**

**Register online:**

Scan the QR code or visit <https://tinyurl.com/VCSRIR26>

Registration closes at midnight on Tuesday, October 6, 2026.

**NO WALK-IN REGISTRATION**

**PLEASE NOTE:** Policies on cancellation, payment methods and accommodation requests can be found on our website under FAQs. Additional questions, please contact [uvacme@virginia.edu](mailto:uvacme@virginia.edu) or 434-924-5310



**Questions?**

**Amy Leake, M.Ed.**

CE Program Manager: VCS Rhythm in Richmond

Office of Continuing Medical Education

UVA Health

[al9u@uvahealth.org](mailto:al9u@uvahealth.org)

434-924-5310

## ACCREDITATION DESIGNATION STATEMENTS



In support of improving patient care, this activity has been planned and implemented by the UVA Health Continuing Education and Virginia Cardiovascular Associates. UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physicians:

UVA Health Continuing Education designates this live for a maximum of 4 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses:

UVA Health Continuing Education awards up to 4 contact hour(s) for nurses who participate in this educational activity and complete the post activity evaluation.

### Hours of Participation

UVA Health Continuing Education awards 4 hours of participation (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.

# COURSE FACULTY & PLANNING COMMITTEE

### PLANNING COMMITTEE MEMBERS

Bridgett Terrell, MHA, VCS Executive Director  
David Gilligan, MD, Course Director/Moderator  
Amy Leake M.Ed., CE Program Manager  
Cheryl Squares, MSN, RN, CCRN  
Danielle Martin, MBA, VCS Chief Operating Officer,  
Jennifer Yeager, BS, VCS Director of Marketing

### VCS COURSE FACULTY

Sojin Wass, MD  
Binaya Basyal, MD  
Daniel Schneider, MD  
Michael Polsky, MD  
Vivak Master, MD  
Michael Rehorn, MD  
Harsimran Saini, MD, PhD